## PlayfulMonk Approach **Explore** Play Connection Love **Presence Adaptive** Centered **Pause Rest Trust** Created by corpus delicti from Noun Project Created by Laymik from Noun Project Be with Relax **Compassion Emergence Attention Paradox** Have fun **Connect with** Reflect Hugs Now - being Safe to fail others **Direction of Connect with Giving** Gratitude **Breathing** travel yourself

